

## **Instructions Concerning Aspirin & Anti-Inflammatory Products Surgery Patients**

Patients who are preparing for surgery should stop using all products containing aspirin and certain other related anti-inflammatory medications. Aspirin is a strong anti-coagulant which can cause bleeding problems during or following surgery even in normal, healthy individuals. It is therefore important that you **STOP aspirin and other related products for 10 days prior to your surgery. You can generally resume taking the product 5 days after surgery.** If your Internist or another physician has prescribed these products for health reasons, please bring it to our attention. In these cases it is necessary to consult with your physician before stopping these medications. Be sure to check the label of all medications.

The following is a list of some of the common medications that contain these components:

Advil	Darvon Compound	Orudis
Aggrenox	Daypro	Pabirin Buffered Tabs
Alka-Seltzer	Doan's Pills	Panalgesic
Aleve	Dolobid	Pepto Bismol
Amigesic	Dristan	Percodan
Anacin	Duragesic	Persantine
A.P.C.	Ecotrin	Persistine
Ascodeen-30	Effient	Plavix
Ascriptin	Empirazil	Ponstel
Aspirin	Empirin	Pradaxa
Aspirin suppositories	Equagesic	Relafen
Baby Aspirin	Excedrin	Robaxisal
BC Powders	Feldene	Sine-Off
Buf Tabs	Florinal	SK-65-Compound
Buf-a-Comp	Ginkgo Biloba	Stendin
Buffadyne	Ibuprofen	Stero-Darvon & A.S.A.
Bufferin	Indocin	Sudafed
Buffex	Lodine	Supac
Butalbia	Measurin	St. John's Wort
Butzolidin	Meclomen	Synalogs Capules
Cama-Inlay Caplets	Melatonin	Synalogs D.C.
Ceracol Capsules	Midol	Tolectin
Clinoril	Monacet	Toradol
Congespirin	Motrin	Triamincin
Cope	Nalfon	Vanquish
Coricidin	Naprosyn	Vit. E (more than 1000 IU)
Coumadin (5 days off)*	Norgesic	Voltaren
	Nuprin	Xarelto
		Zomac
		Zorpin

\*Coumadin may be resumed the day after surgery.

Omega-3 fatty acids should be used cautiously by people who bruise easily, have a bleeding disorder, or take blood-thinning medications. Excessive amounts of omega-3 fatty acids may lead to bleeding.

Other drugs not listed might contain prohibited medications. If you are unsure about any medication, please ask us.

If you must take something for headaches, menstrual cramps, or other aches and pains, **TYLENOL** (as directed) is fine. You may take it for the 10 days prior to your surgery. Your cooperation can help prevent bleeding problems during and after your planned treatment.